



Limitless Sports Inc. Code of Conduct

Code of Conduct for Volunteers:

As a volunteer with Limitless Sports Inc., I understand that I play a critical role in creating a safe, inclusive, fun environment for all athletes and families. I agree to uphold the following expectations:

1. Be Respectful and Inclusive

I will treat all athletes, families, staff, and fellow volunteers with kindness, patience, and respect, regardless of age, ability, race, gender, or background.

2. Promote Safety

I will follow all program safety rules and respond calmly and responsibly in the event of an incident, injury, or behavioral concern.

3. Support the Mission

I will encourage participation, teamwork, and personal growth over competition or winning.

4. Use Positive Language and Behavior

I will refrain from yelling, teasing, sarcasm, profanity, or any language that could be considered hurtful or offensive.

5. Never Be Alone with an Athlete

I will not engage in one-on-one interactions with an athlete in a private or isolated setting. All communication and assistance must occur in public or group settings where others are present or within view. This policy is for the protection of both the athlete and the volunteer.

6. Arrive on Time and Prepared

I will attend all scheduled shifts on time and in appropriate attire. If I must cancel, I will notify a program leader as soon as possible.

7. Stay Within My Role

I will follow the direction of program leaders and only engage in responsibilities for which I have been trained or approved.

8. Respect Confidentiality

I will keep private any personal or medical information I learn about participants or families.

9. Report Concerns Promptly

I will report any concerns about safety, mistreatment, or violations of this code to the Program Director or a designated staff member immediately. I understand I am a mandated reporter for any suspected abuse or neglect.

By signing this Code of Conduct, I agree to uphold the values and policies of Limitless Sports Inc. I understand that failure to do so may result in dismissal from volunteer duties.

Signature: _____

Date: _____